

Gisèle C.T. Harrison, BA, MSW, RSW, RYT

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Education

Intensive Sex Therapy Program: University of Guelph, 2014

Yin Yoga Teacher: Yoga Alliance, 2012

200-Yoga Teacher Training: Yoga Alliance, 2012

Master of Social Work: Wilfrid Laurier University, 1999

Fundamentals of Volunteer Management Certificate: St. Clair College, 1991

Honours BA, International Relations: University of Windsor, 1989

Publications

Guest Op-Ed Columnist for the Windsor Star 2008-present.

Harrison, G. (2007). Clinical Supervision and the Trauma Therapist. In S. Brooke (Ed), *The Use of the Creative Therapies with Sexual Assault Survivors*. (301-10). Springfield, Illinois: Charles C Thomas

Curtis, S., Harrison, G. (2006). Empowering Women Survivors of Childhood Sexual Abuse: A Collaborative Music Therapy – Social Work Approach. In S. Brooke (Ed), *Creative Arts Therapies Manual*. (195-204). Springfield, Illinois: Charles C Thomas.

Harrison, G. (2000). Understanding White Power and Privilege. In *Visions, BC's Mental Health Journal*. Winter, No. 9

Teaching Experience

8-Week Mindfulness-Based Stress Reduction Program, September 2011 to present
Breathe Pilates and Fitness Studio, Yoga Teacher and Workshop Facilitator (Grieving Moms, Yoga 101, Power Yoga, Yoga for Menopause, Yoga Philosophy), 2013 to present
Blossoming Lotus Yoga, Substitute Yoga Teacher, 2012 – present
Walkerville Yoga Loft, Substitute Yoga Teacher, 2012 - present
University of Windsor, Sessional & Special Instructor
BSW Field Integration Seminar, Fall 2013
MSW Field Integration Seminar, Intercession/Summer Session 2013
MSW Weekly Supervision/Consultation Group, Winter/Spring 2008
MSW Weekly Supervision/Consultation Group, Winter/Spring 2007
Crisis Intervention, Winter, 2006
Women and Diversity, Winter, Spring and Summer 2004
Gender and Moral Choice, Fall 2003
Social Work and Diversity, Winter 2003

Work Experience

Private Social Work Practice (January 2002 to present)

- For a complete description of my private practice please go to www.giseleharrison.com
- Provide individual, couple, family, and group therapy utilizing various approaches including: EMDR; EFT; Relational Life Therapy; Internal Family Systems Therapy; Feminist Therapy; Anti-Oppressive Social Work; Brief Solution Focussed; Mindfulness Meditation; Therapeutic Yoga.
- Develop and facilitate workshops, programs, and retreats including: 8-Week Mindfulness-Based Stress Reduction; Yoga 5-Day Intensive residential retreat; Grieving Moms; Couples Intensive Retreat.
- Provide guest speaker services to local groups on a variety of spiritual, emotional health and social justice topics.
- Develop, implement, and regularly evaluate small business plan.
- Manage EAP contracts: Solareh; HumanaCare; Workplace Health Services; and Members Assistance Plan.
- Write guest editorials for the Windsor Star editorial page.
- Develop and distribute promotional material: website; yellow page; business cards; pamphlets and a newsletter.

Well-Come Centre for Human Potential, Shelter for Homeless Women

Clinical Director (part-time September 2007 to May 2009)

- Provided clinical training, supervision, and consultation to all staff and student interns.
- Wrote a policies and procedures manual to ensure that all staff and interns were operating from the same feminist, anti-oppressive lens.
- Developed and implemented social work programs for residents and former residents.
- Provided outreach to the community through articles in the paper, workshops, and presentations.
- Provided crisis support to individuals and assisted in making connections with the community.
- Assisted residents in acquiring income support and safe quality housing.
- Advocated for the eradication of all forms of gender oppression; for safe quality housing; and an end to poverty and other forms of marginalization.

Sexual Assault Crisis Centre, Windsor-Essex County

Clinical Social Worker (part-time 2001 to 2002, full-time January 2002 to February 2008)

- Provided Supervision/Consultation to BSW and MSW interns.
- Provided crisis support to individuals and their families.
- Completed assessments, and provided information and referrals as required.
- Provided individual and group therapy for survivors of sexual violence.
- Acted as an advocate and provided support and accompaniment to hospital/court.

Windsor Regional Children's Centre, Adolescent Team

Social Worker, Adolescent Team (May 2001 to April 2002, 11-month contract)

- Worked on a multidisciplinary team including psychiatrists, psychologists, social workers and child and youth workers.
- Ensured the development, coordination and implementation of treatment plans with clients and their families.
- Provided long-term individual, family and parent counselling using various approaches including: EMDR, brief solution-focused and self, ego and feminist psychology.

Children's Crisis Service

Social Worker (July 2000 to May 2001, 10-month contract)

- Offered immediate crisis intervention to individuals aged 0-18 and their families.
- Provided therapeutic assessments, brief counselling and/or referral.
- Assisted in providing 24-hour crisis telephone support and consultation.
- Provided referrals and assisted clients to obtain appropriate emergency or long-term services for ongoing treatment.
- Provided risk assessments for suicide prevention.
- Developed a working knowledge of the Crisis Response Model for Windsor-Essex.

Canadian Mental Health Association, Windsor-Essex County Branch

Discharge Tracking Team (January 2000 to July 2000, contract)

- Worked on a multi-disciplinary team to provide immediate support to individuals with severe and persistent mental health issues who were recently discharged from hospital.
- Teamed with a psychiatric nurse and consulted with hospital staff to engage with patients prior to their discharge.
- Worked with clients to coordinate and implement discharge plans.
- Provided therapeutic assessments, brief counselling and referral.
- Advocated with clients for access to community support services.
- Developed a tracking mechanism to research the rate and cause of hospital re-admissions.

Canadian Mental Health Association, Vancouver-Burnaby Branch

Manager of Education (June 1999 to January 2000)

- Supervised a team of public education staff in a unionized environment.
- Planned, developed, and facilitated educational workshops on various topics.
- Supervised the development and implementation of events, including National Depression Screening Day.
- Participated in various community meetings and co-chaired the Chinese Mental Health Advisory Committee.

K-W Counselling Services

Social Work Intern (September 1998 to February 1999)

- Developed, implemented and reviewed brief solution focussed treatment plans with individuals, couples, and families.
- Participated in weekly clinical training workshops including: Brief Solution Focussed Therapy; Narrative Therapy; Play Therapy; Anti-Racist Social Work Practice; Therapy with Men; Use of Self; EMDR overview; Working with Dissociative Identity Disorder.
- Provided risk assessments for suicide prevention.
- Coordinated case conferences with other service providers.

Mother's Union, Mbale, Uganda, Africa

Family Counselling Assistant (June 1998 to August 1998)

- Worked with individuals, families and couples to provide therapeutic social work interventions.

Mary's Place, YWCA Shelter

Social Work Intern (January 1998 to June 1998)

- Provided therapeutic assessments and long-term psychotherapy.
- Co-facilitated weekly resident meetings with a shelter resident.
- Provided risk assessments for suicide prevention.
- Mediated conflicts between residents and responded to emergencies.
- Developed and co-facilitated psycho-educational groups for adolescent women: topics included oppression and abuse; changing bodies changing minds; assertiveness.

Wilfrid Laurier University, School of Social Work

Research/Teacher Assistant (September 1998 to May 1999)

- Was the only MSW student to receive a research assistanceship.
- Coordinated the international practicum program for MSW students interested in participating in an overseas placement.
- Developed protocols with non-governmental organizations, universities and other organizations in partner countries.
- Identified potential practicum placements in partner countries.
- Provided training, orientation, re-orientation, emotional support and fundraising support to MSW students participating in the international program.
- Facilitated regular meetings with the international placement students.
- Assisted with other research projects as required.

Work Experience Prior to Obtaining an MSW

(Detailed information and responsibilities available upon request)

- Consultant (January 1997 to May 1999)
- Canadian Crossroads International, Regional Coordinator (August 1995 to May 1997)
- Windsor and Essex County Separate School Boards, Program Director (April 1994 to June 1995)
- Canadian Mental Health Association, Education Specialist (April 1992 to April 1994)
- Ministry of Health French Language Health Services Coordinator, (April 1991 to April 1992, one year contract)
- YOUTH 2000, Director, part-time (July 1990 to May 1994)
- West Scarborough Neighbourhood Centre, Program Coordinator (January 1990 to May 1991)
- Spicer Commission on Canada's Future, Provincial Youth Coordinator (January 1991 to March 1991, 3-month contract)

References, Publications, Volunteer Experience, and Professional Achievements

Available upon request

Professional Development

- Relational Life Therapy (couples therapy) monthly case seminar group with www.terryreal.com January 2014 to present.
- Relax Renew: Learning to Teach Restorative Yoga with Judith Hanson Lasater, (5 days) October, 2014.
- When Intimacy Feels Unsafe: Healing the Trauma Legacy in Couples Therapy with Janina Fisher, (1 day) May, 2014.
- Dealing with Grief: Mindfulness and Resilience-Based Approaches with Dr. Ameet Kumar (2 days) May, 2014.
- Anatomy of Couples Therapy: Challenges and Choices with Terry Real and Esther Perel, 5 Wednesdays from 2-3pm, April 23, 30, May 14, 21, 28, 2014.
- Yoga Anatomy.Net offered in partnership by Leslie Kaminoff and Walkerville Yoga Loft (20 hours), 2013.
- Relational Life Therapy training with Terrence Real: The New Rules of Marriage: A relational Life Therapy Approach to Couples and Couples Therapy with Terry Real (November 2011, 2 days); Level 1-3 Relational Life Therapy training with Terrence Real (May 2012, November 2012, May 2013, 6 days); Relationship Boot Camp aka "The Essential Skills Workshop" (October 2012, 2 days); Couples Experiential Workshop (February 2013, 2 days).
- Mysore Ashtanga Workshop with Matthew Darling (2 days), 2013
- Yin Yoga Teacher Training (3 days), 2012
- 200-Hour Yoga Alliance approved Teacher Training at Eastside Yoga (2011-2012)
- Mindfulness-Based Stress Reduction in Mind-Body Medicine: A 7-Day Residential Training/Retreat with Jon Kabat-Zinn and Saki Santorelli, 2011
- Certification, Eye Movement Desensitization and Reprocessing International Association, with Cindy Shrigley (20 hours consultation; 75 hours of direct EMDR practice with clients), 2010
- Insight Meditation Silent Retreat with Molly Swan and Norman Feldman, (7 days), 2010.
- When the Body Says No, The Cost of Hidden Stress with Dr. Gabor Maté (1 day), 2010
- In the Realm of the Hungry Ghosts, Close Encounters with Addiction with Dr. Gabor Maté (2 days), 2010
- Mindfulness Meditation in Clinical Practice (10-months – 22 days), 2009
- Seeking Safety, An Evidence-Based Practice for Trauma and Substance Abuse (2 days), 2009
- Tuning in to your Client, Zen and the Art of Engagement (1 day), 2009
- Working with Children, Cultivating "Beginner's Mind" to Connect with Younger People (1 day), 2009
- Sexual Assault Law, Practice and Activism in a post-Jane Doe Era (2 days), 2009
- Insight Meditation Silent Retreat with Molly Swan and Norman Feldman (7 days), 2009
- Criminal Injuries Compensation Board: A Primer for Direct Service Workers (1/2 day), 2008
- Understanding trauma among First Nations people and suicide prevention, Traumatology Conference, Victim Services of Sarnia Lambton, 2008
- The Art of EMDR, Dealing with Complex Trauma (4 days) 2007 & (4 days) 2008

- Cracked II Conference (1 day), 2007
- Dissociative Disorders and EMDR, Advanced Practice (1 day), 2007
- Eye Movement Desensitization and Reprocessing, Advanced Training (5 days), 2006
- Emotional Freedom Technique, Level II (2 days), 2006
- Emotional Freedom Technique, Level I (1 day), 2006
- The Importance of Anti-Opressive Practices for Social Work Professionals (3 hours), 2005
- Eye Movement Desensitization and Reprocessing, Level II (3 days), 2005
- Non-Violent Crisis Intervention (2 days), 2005
- Ontario Child Protection Training Program, VAW/CAS Collaboration Curriculum (2 days), 2002
- Women Empowering Women (3 days), 2002
- Ontario Coalition of Rape Crisis Centres Strategic Planning Retreat (3 days), 2002
- Woman Abuse (2 days), 2002
- Narrative Ideas in Therapeutic Practice, led by Judith Myers Avis, 2002
- Child and Adolescent Functional Assessment Scale (2 days), 2001
- A Multidisciplinary Approach to HIV Prevention Programs for Youth (1 day), 2001
- Therapy with Adolescents with Sam Osherson, 2001
- Woman Within Initiation (3 days), 2001
- Advanced Clinical Workshop in Post Traumatic Stress Disorder with Donald Meichenbaum PhD, 2001
- Eye Movement Desensitization and Reprocessing Level I (3 days), 2001
- Mobile Crisis Training, Ministry of Community and Social Services (3 days), 2001
- Opening Doors with Peter Alsop, 2000
- Doing Therapy with Men with Sam Osherson, 2000
- Hidden Wisdom of Parents with Sam Osherson, 2000
- Jean Baker Miller Training Institute, Summer Advanced Training Institute, Relational/Cultural Resilience, Wellesley College MA (5 days), 2000
- Removing Barriers to Health Care, Vancouver BC (2 days), 2000
- Spirituality and Psychotherapy, 1999
- Jean Baker Miller Intensive Training Institute, level I, Wellesley College MA (3 days), 1999.
- Anti-Racism: Train the Trainer (4 days), 1997
- Managing and Mediating Conflict, 1996
- Canadian Crossroads International – Animateur Training (10 day intensive), 1996
- Canadian Crossroads International – Local Committee Training (6 days), 1996
- Canadian Association for Planned Giving (3 days), 1995
- “Lobbying” (3 days), 1994
- Centre for Philanthropy Conference (3 days), 1992 and 1993
- Creating Newsletters that Work, 1994
- Leading Effective Work Teams, 1993
- CMHA Public Educator’s Conference, 1992 and 1993
- Managing Creativity, Humber College, 1993
- Young Leaders of Tomorrow, 1990 to 1991
- Speaker’s Bureau Training, AIDS Committee of Windsor, 1991

- Dale Carnegie Management Seminars, 1991
- Dale Carnegie Course: Effective Communications and Human Relations, 1990
- Marketing Makes Cents Conference (4 days), 1990
- Marketing Strategies and Concepts, George Brown College, 1990
- Success Leadership Series, From Speaker to Trainer, Toastmasters International, 1990