

# Gisèle C.T. Harrison, BA, MSW, RSW, RYT

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## Education

**Yin Yoga Teacher:** Yoga Alliance, 2012

**Registered Yoga Teacher:** Yoga Alliance, 2012

**Master of Social Work:** Wilfrid Laurier University, 1999

**Fundamentals of Volunteer Management Certificate:** St. Clair College, 1991

**Honours BA, International Relations:** University of Windsor, 1989

## Publications

Guest Op-Ed Columnist for the Windsor Star 2008-present.

Harrison, G. (2007). Clinical Supervision and the Trauma Therapist. In S. Brooke (Ed), *The Use of the Creative Therapies with Sexual Assault Survivors*. (301-10). Springfield, Illinois: Charles C Thomas

Curtis, S., Harrison, G. (2006). Empowering Women Survivors of Childhood Sexual Abuse: A Collaborative Music Therapy – Social Work Approach. In S. Brooke (Ed), *Creative Arts Therapies Manual*. (195-204). Springfield, Illinois: Charles C Thomas.

Harrison, G. (2000). Understanding White Power and Privilege. In *Visions, BC's Mental Health Journal*. Winter, No. 9

## Teaching Experience

MSW Field Integration Seminar, Intercession/Summer Session 2013

Breathe Pilates and Fitness Studio, Yoga Teacher and Workshop Facilitator (Grieving Moms, 8-Week Mindfulness-Based Stress Reduction program) 2012 to present

Blossoming Lotus Yoga, Substitute Yoga Teacher, 2012 – present

Walkerville Yoga Loft, Substitute Yoga Teacher, 2012 - present

University of Windsor, Sessional & Special Instructor

MSW Weekly Supervision/Consultation Group, Winter/Spring 2008

MSW Weekly Supervision/Consultation Group, Winter/Spring 2007

Crisis Intervention, Winter, 2006

Women and Diversity, Winter, Spring and Summer 2004

Gender and Moral Choice, Fall 2003

Social Work and Diversity, Winter 2003

## Work Experience

### **Private Social Work Practice (January 2002 to present)**

- For a complete description of my private practice please go to [www.giseleharrison.com](http://www.giseleharrison.com)
- Provide individual, couple, family, and group therapy utilizing various approaches including: EMDR; EFT; Relational Life Therapy; Internal Family Systems Therapy; Feminist Therapy; Anti-Oppressive Social Work; Brief Solution Focussed; Mindfulness Meditation; Therapeutic Yoga.
- Develop and facilitate workshops, programs, and retreats including: 8-Week Mindfulness-Based Stress Reduction; Yoga 5-Day Intensive residential retreat; Grieving Moms; Couples Intensive Retreat.
- Provide guest speaker services to local groups on a variety of spiritual, emotional health and social justice topics.
- Develop, implement, and regularly evaluate small business plan.
- Manage EAP contracts: Solareh; HumanaCare; Workplace Health Services; and Members Assistance Plan.
- Write guest editorials for the Windsor Star editorial page.
- Develop and distribute promotional material: website; yellow page; business cards; pamphlets and a newsletter.

### **Well-Come Centre for Human Potential, Shelter for Homeless Women**

#### **Clinical Director (part-time September 2007 to May 2009)**

- Provided clinical training, supervision, and consultation to all staff and student interns.
- Wrote a policies and procedures manual to ensure that all staff and interns were operating from the same feminist, anti-oppressive lens.
- Developed and implemented social work programs for residents and former residents.
- Provided outreach to the community through articles in the paper, workshops, and presentations.
- Provided crisis support to individuals and assisted in making connections with the community.
- Assisted residents in acquiring income support and safe quality housing.
- Advocated for the eradication of all forms of gender oppression; for safe quality housing; and an end to poverty and other forms of marginalization.

### **Sexual Assault Crisis Centre, Windsor-Essex County**

#### **Clinical Social Worker (part-time 2001 to 2002, full-time January 2002 to February 2008)**

- Provided Supervision/Consultation to BSW and MSW interns.
- Provided crisis support to individuals and their families.
- Completed assessments, and provided information and referrals as required.
- Provided individual and group therapy for survivors of sexual violence.
- Acted as an advocate and provided support and accompaniment to hospital/court.

### **Windsor Regional Children's Centre, Adolescent Team**

#### **Social Worker, Adolescent Team (May 2001 to April 2002, 11-month contract)**

- Worked on a multidisciplinary team including psychiatrists, psychologists, social workers and child and youth workers.
- Ensured the development, coordination and implementation of treatment plans with clients and their families.
- Provided long-term individual, family and parent counselling using various approaches including: EMDR, brief solution-focused and self, ego and feminist psychology.

### **Children's Crisis Service**

#### **Social Worker (July 2000 to May 2001, 10-month contract)**

- Offered immediate crisis intervention to individuals aged 0-18 and their families.
- Provided therapeutic assessments, brief counselling and/or referral.
- Assisted in providing 24-hour crisis telephone support and consultation.
- Provided referrals and assisted clients to obtain appropriate emergency or long-term services for ongoing treatment.
- Provided risk assessments for suicide prevention.
- Developed a working knowledge of the Crisis Response Model for Windsor-Essex.

### **Canadian Mental Health Association, Windsor-Essex County Branch**

#### **Discharge Tracking Team (January 2000 to July 2000, contract)**

- Worked on a multi-disciplinary team to provide immediate support to individuals with severe and persistent mental health issues who were recently discharged from hospital.
- Teamed with a psychiatric nurse and consulted with hospital staff to engage with patients prior to their discharge.
- Worked with clients to coordinate and implement discharge plans.
- Provided therapeutic assessments, brief counselling and referral.
- Advocated with clients for access to community support services.
- Developed a tracking mechanism to research the rate and cause of hospital re-admissions.

### **Canadian Mental Health Association, Vancouver-Burnaby Branch**

#### **Manager of Education (June 1999 to January 2000)**

- Supervised a team of public education staff in a unionized environment.
- Planned, developed, and facilitated educational workshops on various topics.
- Supervised the development and implementation of events, including National Depression Screening Day.
- Participated in various community meetings and co-chaired the Chinese Mental Health Advisory Committee.

## **K-W Counselling Services**

### **Social Work Intern (September 1998 to February 1999)**

- Developed, implemented and reviewed brief solution focussed treatment plans with individuals, couples, and families.
- Participated in weekly clinical training workshops including: Brief Solution Focussed Therapy; Narrative Therapy; Play Therapy; Anti-Racist Social Work Practice; Therapy with Men; Use of Self; EMDR overview; Working with Dissociative Identity Disorder.
- Provided risk assessments for suicide prevention.
- Coordinated case conferences with other service providers.

## **Mother's Union, Mbale, Uganda, Africa**

### **Family Counselling Assistant (June 1998 to August 1998)**

- Worked with individuals, families and couples to provide therapeutic social work interventions.

## **Mary's Place, YWCA Shelter**

### **Social Work Intern (January 1998 to June 1998)**

- Provided therapeutic assessments and long-term psychotherapy.
- Co-facilitated weekly resident meetings with a shelter resident.
- Provided risk assessments for suicide prevention.
- Mediated conflicts between residents and responded to emergencies.
- Developed and co-facilitated psycho-educational groups for adolescent women: topics included oppression and abuse; changing bodies changing minds; assertiveness.

## **Wilfrid Laurier University, School of Social Work**

### **Research/Teacher Assistant (September 1998 to May 1999)**

- Was the only MSW student to receive a research assistanceship.
- Coordinated the international practicum program for MSW students interested in participating in an overseas placement.
- Developed protocols with non-governmental organizations, universities and other organizations in partner countries.
- Identified potential practicum placements in partner countries.
- Provided training, orientation, re-orientation, emotional support and fundraising support to MSW students participating in the international program.
- Facilitated regular meetings with the international placement students.
- Assisted with other research projects as required.

## **Work Experience Prior to Obtaining an MSW**

(Detailed information and responsibilities available upon request)

- Consultant (January 1997 to May 1999)
- Canadian Crossroads International, Regional Coordinator (August 1995 to May 1997)
- Windsor and Essex County Separate School Boards, Program Director (April 1994 to June 1995)
- Canadian Mental Health Association, Education Specialist (April 1992 to April 1994)
- Ministry of Health French Language Health Services Coordinator, (April 1991 to April 1992, one year contract)
- YOUTH 2000, Director, part-time (July 1990 to May 1994)
- West Scarborough Neighbourhood Centre, Program Coordinator (January 1990 to May 1991)
- Spicer Commission on Canada's Future, Provincial Youth Coordinator (January 1991 to March 1991, 3-month contract)

## **References, Publications, Volunteer Experience, and Professional Achievements**

Available upon request

## Professional Development

- Relational Life Therapy training with Terrence Real: The New Rules of Marriage: A relational Life Therapy Approach to Couples and Couples Therapy with Terry Real (November 2011, 2 days); Level 1-3 Relational Life Therapy training with Terrence Real (May 2012, November 2012, May 2013, 6 days); Relationship Boot Camp aka "The Essential Skills Workshop" (October 2012, 2 days); Couples Experiential Workshop (February 2013, 2 days).
- Mysore Ashtanga Workshop with Matthew Darling (2 days), 2013
- Yin Yoga Teacher Training (3 days), 2012
- 200-Hour Yoga Alliance approved Teacher Training at Eastside Yoga (2011-2012)
- Mindfulness-Based Stress Reduction in Mind-Body Medicine: A 7-Day Residential Training/Retreat with Jon Kabat-Zinn and Saki Santorelli, 2011
- Certification, Eye Movement Desensitization and Reprocessing International Association, with Cindy Shrigley (20 hours consultation; 75 hours of direct EMDR practice with clients), 2010
- Insight Meditation Silent Retreat with Molly Swan and Norman Feldman, (7 days), 2010.
- When the Body Says No, The Cost of Hidden Stress with Dr. Gabor Maté (1 day), 2010
- In the Realm of the Hungry Ghosts, Close Encounters with Addiction with Dr. Gabor Maté (2 days), 2010
- Mindfulness Meditation in Clinical Practice (10-months – 22 days), 2009
- Seeking Safety, An Evidence-Based Practice for Trauma and Substance Abuse (2 days), 2009
- Tuning in to your Client, Zen and the Art of Engagement (1 day), 2009
- Working with Children, Cultivating "Beginner's Mind" to Connect with Younger People (1 day), 2009
- Sexual Assault Law, Practice and Activism in a post-Jane Doe Era (2 days), 2009
- Insight Meditation Silent Retreat with Molly Swan and Norman Feldman (7 days), 2009
- Criminal Injuries Compensation Board: A Primer for Direct Service Workers (1/2 day), 2008
- Understanding trauma among First Nations people and suicide prevention, Traumatology Conference, Victim Services of Sarnia Lambton, 2008
- The Art of EMDR, Dealing with Complex Trauma (4 days) 2007 & (4 days) 2008
- Cracked II Conference (1 day), 2007
- Dissociative Disorders and EMDR, Advanced Practice (1 day), 2007
- Eye Movement Desensitization and Reprocessing, Advanced Training (5 days), 2006
- Emotional Freedom Technique, Level II (2 days), 2006
- Emotional Freedom Technique, Level I (1 day), 2006
- The Importance of Anti-Opressive Practices for Social Work Professionals (3 hours), 2005
- Eye Movement Desensitization and Reprocessing, Level II (3 days), 2005
- Non-Violent Crisis Intervention (2 days), 2005
- Ontario Child Protection Training Program, VAW/CAS Collaboration Curriculum (2 days), 2002
- Women Empowering Women (3 days), 2002

- Ontario Coalition of Rape Crisis Centres Strategic Planning Retreat (3 days), 2002
- Woman Abuse (2 days), 2002
- Narrative Ideas in Therapeutic Practice, led by Judith Myers Avis, 2002
- Child and Adolescent Functional Assessment Scale (2 days), 2001
- A Multidisciplinary Approach to HIV Prevention Programs for Youth (1 day), 2001
- Therapy with Adolescents with Sam Osherson, 2001
- Woman Within Initiation (3 days), 2001
- Advanced Clinical Workshop in Post Traumatic Stress Disorder with Donald Meichenbaum PhD, 2001
- Eye Movement Desensitization and Reprocessing Level I (3 days), 2001
- Mobile Crisis Training, Ministry of Community and Social Services (3 days), 2001
- Opening Doors with Peter Alsop, 2000
- Doing Therapy with Men with Sam Osherson, 2000
- Hidden Wisdom of Parents with Sam Osherson, 2000
- Jean Baker Miller Training Institute, Summer Advanced Training Institute, Relational/Cultural Resilience, Wellesley College MA (5 days), 2000
- Removing Barriers to Health Care, Vancouver BC (2 days), 2000
- Spirituality and Psychotherapy, 1999
- Jean Baker Miller Intensive Training Institute, level I, Wellesley College MA (3 days), 1999.
- Anti-Racism: Train the Trainer (4 days), 1997
- Managing and Mediating Conflict, 1996
- Canadian Crossroads International – Animateur Training (10 day intensive), 1996
- Canadian Crossroads International – Local Committee Training (6 days), 1996
- Canadian Association for Planned Giving (3 days), 1995
- “Lobbying” (3 days), 1994
- Centre for Philanthropy Conference (3 days), 1992 and 1993
- Creating Newsletters that Work, 1994
- Leading Effective Work Teams, 1993
- CMHA Public Educator’s Conference, 1992 and 1993
- Managing Creativity, Humber College, 1993
- Young Leaders of Tomorrow, 1990 to 1991
- Speaker’s Bureau Training, AIDS Committee of Windsor, 1991
- Dale Carnegie Management Seminars, 1991
- Dale Carnegie Course: Effective Communications and Human Relations, 1990
- Marketing Makes Cents Conference (4 days), 1990
- Marketing Strategies and Concepts, George Brown College, 1990
- Success Leadership Series, From Speaker to Trainer, Toastmasters International, 1990